

PERRANPORTH R.F.C MINI FIXTURES 2011-12

DATE	OPPONENT	Playing at:	RESULT
Fixtures for Under 7's to Under 12's			
02/10/2011	Newquay	Home	
09/10/2011	St Agnes	Away	
16/10/2011	Camborne	Home	
30/10/2011	Penryn	Home	
06/11/2011	St Ives	Away	
20/11/2011	Lankely-Fowey	Home	
27/11/2011	Hayle	Home	
04/12/2011	Helston	Home	
11/12/2011	Redruth	Away	
18/12/2011	Falmouth	Home	
08/01/2012	Truro	Away	
15/01/2012	Falmouth	Away	
22/01/2012	Helston	Away	
29/01/2012	St Ives	Home	
05/02/2012	Hayle	Away	
12/02/2012	Penryn	Away	
26/02/2012	Redruth	Home	
04/03/2012	Camborne	Away	
11/03/2012	St Agnes U11's & U12's Tournament	Home Away	
25/03/2012	Penzance U9's & U10's Tournament	Home Away	
31/03/2012	Stratford upon Avon (U9s Only)	Home	
01/04/2012	Melksham	Home	
08/04/2012	Wooton Bassett	Home	
14/04/2012	St Josephs (U10s & U13s Only)	Home	
15/04/2012	Lankely-Fowey	Away	
22/04/2012	Ebbw Vale	Home	
07/05/2012	Woodford	Home	
Fixtures for Under 13's			
18/09/2011	Newquay (Training)	Home	
25/09/2011	Wadebridge	Away	
02/10/2011	St Austell & Newquay	St Austell	
16/10/2011	Camborne	Home	
23/10/2011	Penzance	Home	
30/10/2011	Penryn	Away	
06/11/2011	St Ives	Away	
04/12/2011	Helston	Home	
11/12/2011	Redruth	Home	
08/01/2012	Truro	Away	
15/01/2012		CUP	
22/01/2012	Helston	Away	
29/01/2012	St Ives	Home	
05/02/2012		CUP Quarter Final	
12/02/2012	Penryn	Home	
26/02/2012	Redruth	Away	
04/03/2012	Camborne	Away	
25/03/2012	Penzance	Away	
01/04/2012	Saltash	St Austell	
14/04/2012	St Josephs (U10s & U13s Only)	Home	
15/04/2012	Lankely-Fowey	Away	



Parent Information

Season
2011 – 2012



Useful Contacts

Chairman

Shane Tellam 01872 571359

Secretary

Helen Tellam 01872 571359

Fixture Secretaries

Minis- Matt Shaw 01872 573695

Juniors- Shane Tellam

Welfare Officer/ Child Protection

Max Murrell 07969 591507

Junior/ Mini Administrator

Vacant

IT & Publicity

Simon Jenkins

perranporthminis@btinternet.com

Match Catering liaison

Karen Varker 01872 275402

Social Rep

Vacant

Children's Social Rep

Jan Ford 01872 553879

(l) Provide positive verbal feedback both in training and during the game.

(m) Remember that persistent, negative messages will adversely affect the players' and referee's performance and attitude.

(n) Always support the Club and School in their efforts to eradicate loud, coarse and abusive behaviour from the game.

(o) Remember young people learn much by example.

(p) Always show appreciation of good play by all players both from their own Club or School and the opposition.

(q) Respect decisions made by the match officials, even if they appear to be a mistake, and encourage players to do likewise.

THE GOOD COACHES' CODE

Coaches of players should:

(a) Recognise the importance of fun and enjoyment when coaching players.

(b) Understand that most learning is achieved through doing.

(c) Appreciate the needs of the players before the needs of the sport.

(d) Be a positive role model – think what this implies.

(e) Keep winning and losing in perspective – encourage players to behave with dignity in all circumstances.

(f) Respect all referees and the decisions they make, even if they appear to make a mistake, (remember it could be you refereeing next week) and ensure that the players recognise that they must do the same.

(g) Provide positive verbal feedback in a constructive and encouraging manner to all players, both during coaching sessions and matches.

(h) Provide rugby experiences which are matched to the players' ages and abilities, as well as their physical and behavioural development.

(i) Ensure all players are coached in a safe environment, with adequate first aid readily to hand.

(j) Avoid the overplaying of the best players by using a squad system which gives everybody a satisfactory amount of playing time.

(k) Never allow a player to train or play when injured.

(l) Ensure good supervision of players, both on and off the field.

(m) Recognise that players should never be exposed to extremes of heat, cold or unacceptable risk of injury.

(n) Develop an awareness of nutrition as part of an overall education in lifestyle management.

(o) Recognise that it is illegal for players under 18 to drink alcohol or for those under 16 to smoke. Coaches should actively discourage both.

(p) Ensure that their knowledge and coaching strategies are up to date and in line with RFU philosophy.

(q) Be aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home and abroad.

(r) Be aware of and abide by the policies and procedures outlined in the Policy and Procedures for the Welfare of Young People in Rugby Union.

(s) Coach to the rules laid down in the Rugby Continuum and keep themselves updated on rule changes.

Perranporth RFC Junior Rugby - Code of Conducts

THE GOOD PLAYER'S CODE

Players should be encouraged to:

- (a) Recognise and appreciate the efforts made by coaches, parents, match officials and administration in providing the opportunity to play the game and enjoy the rugby environment.
- (b) Understand the values of loyalty and commitment to adults and team mates.
- (c) Recognise that every player has a right to expect their involvement in rugby to be safe and free from all types of abuse.
- (d) Understand that if an individual or group of players feel they are not being treated in a manner that is acceptable, then they should tell an adult either at the Club or School or outside of the game.
- (e) Play because they want to do so, not to please coaches or parent.
- (f) Remember that skill development, fun and enjoyment are the most important parts of the game.
- (g) Be attentive at all training and coaching sessions.
- (h) Work equally hard for themselves and their team – both will then benefit.
- (i) Recognise good play by all players on their team and by their opponents.
- (j) Be a sportsman – win with dignity, lose with grace.
- (k) Play to the iRB Laws of the Game and accept, without question, all referees' decision even if they appear to make a mistake.
- (l) Control their emotions. Verbal or physical abuse of team mates, opponents, coaches, match officials or spectators is not acceptable.
- (m) Treat all players, as they would like to be treated themselves. Do not interfere with, bully or take advantage of any player.

THE GOOD PARENT'S CODE

Club and Schools should encourage parents and guardians to:

- (a) Be familiar with the coaching and training programme in order that they can ensure their child is fully involved and the coaches are aware of their availability.
- (b) Be familiar with the teaching and coaching methods used by observing the coaching and training sessions in which their child participates.
- (c) Be aware that the Club or School has a duty of care to ensure the safety of players and therefore, where appropriate, assist coaches with the supervision of the players, particularly where numbers are large and there is a need to transport players to away games.
- (d) Be involved with Club and School activities and share their expertise.
- (e) Share concerns, if they have them, with Club or School officials.
- (f) Be familiar with the Good Coaches' Code contained in the RFU Continuum. In particular, be aware that:
 - coaches should recognise the importance of fun and enjoyment when coaching players; and
 - coaches should keep winning and losing in perspective – encourage players to behave with dignity in all circumstances.
- (g) Support coaches in installing these values.
- (h) Remember that young people play rugby for their own enjoyment not that of their parents.
- (i) Encourage young people to play – do not force them.
- (j) Focus on the players' efforts, rather than winning or losing.
- (k) Be realistic about the players' abilities; do not push them towards a level they are not capable of achieving.

Membership Fees for 2011– 12 season

Junior/Mini Membership (Under 7's and above) - £30

Under 6's (those born after 1st Sept 2005) - £20

- Fees will also cover match fees and food costs for home games.
- Only new members need to fill out the R.F.U registration form.

All players who need a new playing shirt this season may use the £5 voucher on the top of the 2011-12 membership form towards their purchase.

Social Membership for Parents - £5 each person

We encourage parents, grandparents and friends to join the club as a social member, to support the club and to become actively involved. People are welcome to come and go as social members as they please. The club is free to use for members as long as the bar profits go to the club and the booking does not clash with general rugby use such as games, training and meetings.

Match Kit

Kit is available to purchase from Mandy Owen. Up to date prices can be found on the website and minis notice board. Second hand kit is available from Miranda Hammond. (Current playing shirts which no longer fit and are in good condition can be returned and will receive a further £5 off the cost of a new shirt).

Training & Games

Responsibility as a parent/guardian is to ensure that the safety of the children is not compromised. Children must be signed onto the attendance register at the clubhouse on arrival for training, escorted to their coach on the pitch side and at the end of training collected from the coach *, **.

*If your child is school Year 7 and upwards and you permit them to attend unaccompanied you will be accepting responsibility for their safety other than during the training session.

**If your child is under 6 years old please remain at the side of the pitch during the training session.

- Training starts at 6pm on Friday evenings at Ponsmere Valley. ***Under 13's training will start at 6.45pm prompt.***
- The pitch is floodlit so light is not a problem.
- Coaches may have extra training sessions and will advise parents should this happen.
- Matches are on Sunday mornings.
- It is advisable that the children have adequate warm clothes such as tracksuit bottoms and several layers as it can be very cold.
- We encourage parents to stay and watch the training sessions and to help the coaches if possible.

Club Rules

- No boots in club lounge area.
- All dirty kit to be removed from changing areas.
- Respect the club and club officials
- No offensive behaviour or swearing

Age Group Coaches

Contact numbers and email addresses are available on the minis notice board and on the 'contact us' page of the website.

U6's

Coach- Andrew Dingle

U7's

Coach- Dan Wallace

U8's

Coach- Scott Varker

U9's

Coach- Paul Critchley

U10's

Coach- Mark Holmes

U11's

Coach - Mike Owen

U12's

Coaches – Matt Shaw & Adie Matthews

U 13's

Coaches – Keith Sheen & Shane Tellam

If you have any concerns please let your child's coach know, they can then direct you to the relevant person who can deal with the issue.

We are always in need of help with training.... If you feel that you have time to lend a hand, please speak to the coaches. No experience necessary!

Team managers will hold contact details for children in their age group. Please let us know if you are interested in being a team manager.